Ava Helen Pauling
Partner, Activist, Visionary
Mina Carson

The story of Ava Helen Pauling—her rich career as an activist first for civil rights and liberties, then against nuclear testing, and finally for peace, feminism, and environmental stewardship—is best told in the context of her enduring partnership with her famous husband, Linus Pauling. In this long-awaited first biography of Ava Helen Pauling, Mina Carson reveals the complex and fascinating history behind one of the great love stories of the twentieth century.

Though she began her public career in the shadow of her spouse, Ava Helen soon found herself tugged between her ardor to support Linus in his career and her desire that he embrace the social and political causes she felt passionate about. She believed it was her destiny to accept duties as a mother and homemaker, but neither of those roles was fully satisfying. Her more complete identity emerged over decades, as she evolved as an influential activist.

Ava Helen Pauling’s story is significant because so many aspects of it were shared with countless American women of her generation and the generations surrounding her. They had new educational opportunities but were expected to conform to the same limited social roles dictated by the gender ideology of the nineteenth century. When second wave feminism erupted in the 1960s, its force did not come solely from the young women rebelling against their elders’ rules and limitations, but also from the frustrated dreams of those elders themselves.

Ava Helen did not experience overt oppression by her husband or community; she even asserted some very non-feminist positions as a young woman. This, combined with a structural lack of opportunity, contributed to the strength and persistence of role expectations in her life. At the same time, she was feisty and willful. Her personality both created her marital loyalty and eventually took her down an openly feminist path.

*Ava Helen Pauling: Partner, Activist, Visionary* is an important complement to writings about Linus Pauling and a welcome addition to the literature on women’s and family history. It will also appeal to students and scholars of peace and reform movements and the social history of science.

Explore the forest online!
ellieslog.org

Dearest Reader,
I’ve been keeping a journal about my adventures in the forest for a couple of years. It’s kind of a diary combined with data. In it, I write down what I saw that was interesting, something I learned, and even how I felt that day.

I always record the DATE, the WEATHER, and the PLACE. These help me compare my experiences in the future.

I make sketches of interesting or unusual things. I pay attention to DETAILS when I’m drawing something. That helps me remember it better, even if the drawing looks a little messy.

When I draw a MAP, I include landmarks—like a big stump or a messy shoulder—that help me replace my steps.

I think the hardest thing is to figure out HOW MANY notes to take when I’m outside.

I often spend most of my time:

So, I take QUICK NOTES that are a little bit organized. For example, if I think I’ll be measuring things over and over again, I’ll leave enough room to record those notes in the future.

AFTER each field trip, I study my notebook and try to summarize what I saw. I compile my observations before I forget the details. I look up stuff and add information, such as:

“...the width of our tree was as many as 115 pairs of eyes!!”

Maybe YOUR logbook will be from one place you explore all the time. Or maybe it will be from many places you visit over time.

Wherever, enjoy!

Your friend,
Ellie
Ellie’s Log
Exploring the Forest Where the Great Tree Fell
Judith L. Li
Illustrations by M. L. Herring

After a huge tree crashes to the ground during a winter storm, ten-year-old Ellie and her new friend, Ricky, explore the forest where Ellie lives. Together, they learn how trees provide habitat for plants and animals high in the forest canopy, down among mossy old logs, and deep in the pools of a stream. The plants, insects, birds, and mammals they discover come to life in colored pen-and-ink drawings.

An engaging blend of science and storytelling, Ellie’s Log also features:

• Pages from Ellie’s own field notebook, which provide a model for recording observations in nature

• Ellie’s advice to readers for keeping a field notebook

• Ellie’s book recommendations

Online resources for readers and teachers—including a Teacher’s Guide—are available at ellieslog.org.

The forest in Ellie’s Log is modeled closely after the H. L. Andrews Experimental Forest in the Oregon Cascades.


BY THE SAME AUTHOR

Wading for Bugs
Exploring Streams with the Experts
JUDITH L. LI AND MICHAEL T. BARBOUR, EDS.

To Harvest, To Hunt
Stories of Resource Use in the American West
JUDITH L. LI, ED.
Breaking Chains
Slavery on Trial in the Oregon Territory
R. Gregory Nokes

When they were brought to Oregon in 1844, Missouri slaves Robin and Polly Holmes and their children were promised freedom in exchange for helping develop their owner’s Willamette Valley farm. However, Nathaniel Ford, an influential settler and legislator, kept them in bondage until 1850, even then refusing to free their children. Holmes took his former master to court and, in the face of enormous odds, won the case in 1853.

In *Breaking Chains*, R. Gregory Nokes tells the story of the only slavery case adjudicated in Oregon’s pre-Civil War courts—Holmes v. Ford. Through the lens of this landmark case, Nokes explores the historical context of racism in Oregon and the West, reminding readers that there actually were slaves in Oregon, though relatively few in number.

Drawing on the court record, Nokes offers an intimate account of the relationship between a slave and his master from the slave’s point of view. He also explores the experiences of other slaves in early Oregon, examining attitudes toward race and revealing contradictions in the state’s history. Oregon was the only free state admitted to the union with a voter-approved constitutional clause banning African Americans and, despite the prohibition of slavery in the state, many in Oregon tolerated it and supported politicians who advocated for slavery, including Oregon’s first territorial governor.

*Breaking Chains* sheds light on a somber part of Oregon’s history, bringing the story of slavery in Oregon to a broader audience. The book will appeal to readers interested in Pacific Northwest history and in the history of slavery in the United States.

Lincoln and Oregon Country Politics in the Civil War Era
Richard W. Etulain

“Once again, historian Richard Etulain has provided a scholarly, lively, and definitive look at Lincoln and the Pacific Northwest. Lincoln himself thought the ‘Far Corner’ of Oregon simply too far to become his own home, but his close ties to many friends who did migrate there remained important in both elections and war. Etulain re-creates the pioneer spirit and political fractiousness of Oregon with a keen eye for both the sweep of history and the small anecdotes that make the best history books irresistible.”

—Harold Holzer, Chairman, Lincoln Bicentennial Foundation

This cross-continental history demonstrates Abraham Lincoln’s strong connections with the Oregon Country on various political issues—Indian relations, military policies, civil and legal rights, and North-South ideological conflicts—before and during the Civil War years. Richard Etulain refutes the argument that Pacific Northwest residents were mere “spectators of disunion,” revealing instead that men and women of the Oregon Country were personally and emotionally involved in the controversial ideas and events that inflamed the United States during the fractious era.

Etulain’s well-researched and clearly told story demonstrates how links between Washington, D.C., and the Oregon Country helped shape both Lincoln’s policies and Oregon politics.


Richard W. Etulain is the author or editor of more than fifty books, including Conversations with Wallace Stegner on Western History and Literature, Beyond the Missouri: The Story of the American West, and Lincoln Looks West: From the Mississippi to the Pacific. A Professor Emeritus of History at the University of New Mexico, he lives in Clackamas, Oregon.
Hunting, Fishing, and Environmental Virtue
Reconnecting Sportsmanship and Conservation
Charles J. List

Do hunting and fishing lead to the development of environmental virtues? This question is at the heart of philosopher Charles List’s engaging study, which provides a defense of field sports when they are practiced and understood in an ethical manner.

In his argument, List examines the connection between certain activities and the development of virtue in the classical sources, such as Aristotle and Plato. He then explores the work of Aldo Leopold, identifying three key environmental virtues that field sports instill in practitioners in the kind of conservation advocated by Leopold and others.

After reviewing several powerful philosophical objections to his viewpoint, List considers the future of environmental sportsmanship. He suggests that, in order to incorporate a revived connection between field sports and environmental virtue, the practice of hunting and angling must undergo changes, including shifts that would impact hunter education, civic engagement, the role of firearms, our understanding of “game” animals, and alliances with other sorts of outdoor recreation.

Hunting, Fishing, and Environmental Virtue will appeal to academics interested in the ethical issues surrounding hunting and fishing, professionals in wildlife management, and hunters and anglers interested in conservation.

Escaping into Nature
The Making of a Sportsman-Conservationist and Environmental Historian
John F. Reiger

“It was only by escaping into nature that I could obtain the peace and harmony I sought.” —from the Introduction

In Escaping into Nature, prominent wildlife conservationist and environmental historian John Reiger shares his story of an angler and hunter who found a cause and a calling and combined them for his life’s work.

John Reiger’s outdoor adventures as a young man primed him for the teachings of the great sportsmen-conservationists of the past, particularly George Bird Grinnell, Theodore Roosevelt, and Aldo Leopold. Inspired by these conservation giants, Reiger left the security of a tenured professorship to serve as executive director of the Connecticut Audubon Society where he, sometimes controversially, put his ideals into practice. Later, he resumed his academic career to illuminate the lives of early wildlife conservationists, visionaries who continue to inspire us to care deeply about the future of the natural world.

Abused psychologically within his family in his early years, Reiger found solace in nature. Though he first entered the outdoors as an escape from his unpleasant circumstances, he soon found the study and pursuit of insects, fishes, and birds to be exciting ends in themselves. He came to believe that it was only by participating in the life and death of other creatures that one could learn to truly value the natural world, be a part of it, and be inspired to work for its conservation.

John Reiger’s autobiography is also the story of his own developing fascination with America’s past, especially as it relates to human interaction with the natural world; his desire to share that passion with others; and his experiences on the road to becoming a nationally recognized scholar. The twists and turns of that journey, and his accounts of the people—and of the wild creatures—who helped him along the way, will appeal to history enthusiasts and nature lovers alike.


American Sportsmen and the Origins of Conservation
John F. Reiger
$24.95 Paperback

BY THE SAME AUTHOR
Land Snails and Slugs of the Pacific Northwest

Thomas E. Burke

Photographs by William P. Leonard

Terrestrial mollusks, the second largest phylum in the animal kingdom, are vitally important to the earth's ecology. With the publication of Land Snails and Slugs of the Pacific Northwest, a definitive and comprehensive guide to snails and slugs of Oregon, Washington, Idaho, and western Montana is finally available.

Primarily an identification guide, this richly illustrated volume offers complete information on the range of terrestrial mollusk shapes, sizes, and characteristics. It presents an overview of their habitat requirements as well as details of land snail and slug ecology, collection and preservation methods, and biogeography.

Land Snails and Slugs of the Pacific Northwest is an essential reference for biologists, horticulturalists, gardeners, and naturalists, and anyone wishing to identify species in the field.

- Identification keys and species accounts for most of the 245 taxa of terrestrial slugs and snails in the region
- 280 full-color photographs of 155 species and subspecies
- Range maps for most species

California Condors in the Pacific Northwest
Jesse D’Elia and Susan M. Haig

Foreword by Noel Snyder
Illustrations by Ram Papish

“The re-creation of a viable population of condors in the Northwest would constitute an achievement of substantial importance...This book goes a long way toward justifying such an effort.” —Noel Snyder, retired U.S. Fish and Wildlife Service biologist in charge of condor research in the 1980s and lead author of *The California Condor: A Saga of Natural History and Conservation*

Despite frequent depiction as a bird of California and the desert southwest, North America’s largest avian scavenger once graced the skies of the Pacific Northwest, from northern California to British Columbia. This important volume documents the condor’s history in the region, from prehistoric times to the early twentieth century, and explores the challenges of reintroduction.

Jesse D’Elia and Susan Haig investigate the paleontological and observational record as well as the cultural relationships between Native American tribes and condors, providing the most complete assessment to date of the condor’s occurrence in the Pacific Northwest. They evaluate the probable causes of regional extinction and the likelihood that condors once bred in the region, and they assess factors that must be considered in determining whether they could once again thrive in Northwest skies.

Incorporating the newest research and findings and more than eighty detailed historical accounts of human encounters with these birds of prey, *California Condors in the Pacific Northwest* sets a new standard for examining the historical record of a species prior to undertaking a reintroduction effort. It is a vital reference for academics, agency decision makers, conservation biologists, and readers interested in Northwest natural history. The volume is beautifully illustrated by Ram Papish and includes a number of previously unpublished photographs.


JESSE D’ELIA is a supervisory fish and wildlife biologist at the U.S. Fish and Wildlife Service’s Pacific Regional Office in Portland, Oregon. He works on a wide array of endangered species issues throughout the Pacific Northwest and Pacific Islands and is co-lead of the interagency Pacific Northwest California Condor Working Group. He is also a PhD candidate at Oregon State University. He lives in Sheridan, Oregon.

DR. SUSAN HAIG is a supervisory wildlife ecologist at the USGS Forest and Rangeland Ecosystem Science Center, a professor of wildlife ecology at Oregon State University, and a research associate of the Smithsonian Institution. She serves as president of the American Ornithologists’ Union and has led international Piping Plover conservation efforts since 1984. She lives in Corvallis, Oregon.
Holdfast
At Home in the Natural World
Kathleen Dean Moore

With a new afterword by the author

Winner of the Sigurd Olson Nature Writing Award

Naturalist and philosopher Kathleen Dean Moore meditates on connection and separation in these twenty-one elegant, probing essays. Using the metaphor of holdfasts—the structures that attach seaweed to rocks with a grip strong enough to withstand winter gales—she examines our connections to our own bedrock.

“When people lock themselves in their houses at night and seal the windows shut to keep out storms, it is possible to forget, sometimes for years and years, that human beings are part of the natural world,” she writes. Holdfast passionately reclaims an awareness of the natural world, exploring the sense of belonging fostered by the communal howls of wolves; the inevitability of losing children to their own lives; the fear of bears and love of storms; the sublimity of life and longing in the creatures of the sea; her agonizing decision when facing her father’s bone-deep pain. As Moore travels philosophically and geographically—from Oregon’s shores to Alaska’s islands—she leaves no doubt of her virtuosity and range.

The new afterword is an important statement on the new responsibilities of nature writers as the world faces the consequences of climate change.

“A gifted essayist...Moore's prose is elegant and poetic.” — Hungry Mind Review

“Reminiscent of the work of Annie Dillard and others who have combined their observations of the natural world with philosophical reflections...” — Publishers Weekly

“Graceful meditations on nature...an altogether satisfying collection by a gifted interpreter of the natural world.” — Kirkus Reviews


KATHLEEN DEAN MOORE is Distinguished Professor of Philosophy at Oregon State University and co-founder and senior fellow of OSU's Spring Creek Project of Ideas, Nature, and the Written Word. She is coeditor of the award-winning Moral Ground: Ethical Action for a Planet in Peril and the author of Wild Comfort, Riverwalking (winner of a Pacific Northwest Booksellers Award), and The Pine Island Paradox (winner of the Oregon Book Award).
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MICHAEL C. HUCK AND M. J. CODY, ED.
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Edited by Clifford E. Trafzer, Matthew Sakiestewa Gilbert, and Lorene Sisquoc
First Peoples: New Directions in Indigenous Studies
The first collection of writings and images focused on an off-reservation Indian boarding school, The Indian School on Magnolia Avenue shares the fascinating story of a flagship institution and features the voices of American Indian students.

The Columbia River Treaty Revisited
Transboundary River Governance in the Face of Uncertainty
Edited by Barbara Cosens
A project of the Universities Consortium on Columbia River Governance
Some of the provisions of the Columbia River Treaty will expire in 2024, and either Canada or the United States must give ten years’ notice of any alterations. With contributions from historians, geographers, environmental scientists, and other experts, this edited volume facilitates discussion of the impending expiration, allowing readers to better grasp the uncertainty of water governance and aiding efforts to understand changes in the basin since the treaty was passed.

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Elizabeth L. Orr and William N. Orr
A comprehensive treatment of the state’s geologic history, Oregon Geology moves through Oregon’s regions to closely examine the unique features of each. In this timely update to the 2000 edition, the Orrs incorporate new knowledge, addressing current environmental problems and detailing tectonic hazards.

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Robert and Martha Manning
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“It will have you dreaming of your next trip to the famous Camino de Santiago or the Ocala Trail in Florida.” —Shelf Awareness


The Tangled Bank
Writings from Orion
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A collection of the author’s “Tangled Bank” columns, which appeared in Orion and Orion Afield magazines over a period of eleven years, the book explores Darwin's contention that the elements of such a bank, and by extension all the living world, are endlessly interesting and ever evolving.

“...savor an essay a week over the course of 2013 and get yourself outside to enjoy your own local 'good green ministry.'” —The Bellingham Herald


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A Year in the Life of a Wilderness Ranch
DAYTON G. HYDE
Introduction by William Kittredge

* indicates a hardcover edition is also available
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